

THE RUDIMENTS:

A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant A

1. Single Stroke Roll
2. Single Stroke Four
3. Single Paradiddle
4. Multiple Bounce Roll
5. Double Paradiddle
6. Flam
7. Flam Tap
8. Ruff (Drag)
9. Five Stroke Roll
10. Open (Double Stroke) Roll

Learning Sequence Handbook Courtesy Of:

VIC FIRTH

the number ONE drumstick in the world!

Download a FREE copy at <http://www.VicFirth.com>

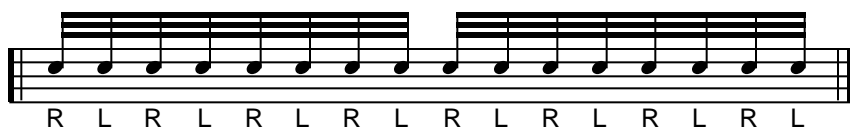
THE RUDIMENTS:

A Learning Sequence

Rudimental Learning Sequence by Dennis DeLucia
Application/Progress Chart by Mark Wessels

Quadrant A

1. SINGLE STROKE ROLL



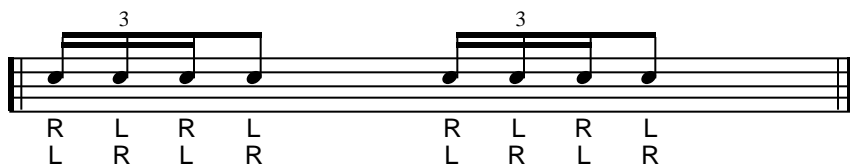
Musical staff showing the Single Stroke Roll pattern: R L R L R L R L R L R L R L R L.

Applied: 
Applied musical staff showing the Single Stroke Roll pattern with 6-measure groups.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 44 - 58	m.m. = 60 - 72	m.m. = 74 - 86	m.m. = 88 - 100	m.m. = 102 - 114

2. SINGLE STROKE FOUR



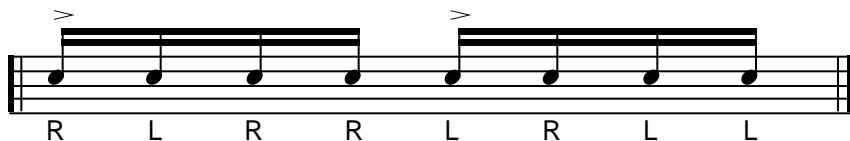
Musical staff showing the Single Stroke Four pattern: R L R L R L R L R L R L R L R L.

Applied: 
Applied musical staff showing the Single Stroke Four pattern with 3-measure groups.

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 60 - 84	m.m. = 84 - 108	m.m. = 108 - 132	m.m. = 132 - 156	m.m. = 156 - 180

3. SINGLE PARADIDDLE



Musical staff showing the Single Paradiddle pattern: R L R R L R L L.

Applied: 
Applied musical staff showing the Single Paradiddle pattern with accent marks.

TRACK YOUR PROGRESS:

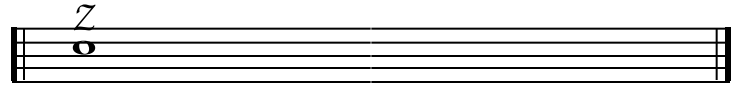
BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
m.m. = 44 - 58	m.m. = 60 - 72	m.m. = 74 - 86	m.m. = 88 - 100	m.m. = 102 - 114

THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 2

4. MULTIPLE BOUNCE ROLL



R L R L R L R L etc.

Applied:

Each of the following exercises is written within a tempo marking that is appropriate to produce the best quality of sound for a buzz roll (for most applications). The "overlap" in recommended tempos takes into account various dynamic levels, drum sizes and head tensioning.

A *m.m.* = 50-70

B *m.m.* = 60-80

C *m.m.* = 70-100

D *m.m.* = 80-110

E *m.m.* = 100-150

F *m.m.* = 140-190

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>exercise E</i>	<i>exercise C, F</i>	<i>exercise A</i>	<i>exercise D</i>	<i>exercise B</i>

5. DOUBLE PARADIDDLE



Applied:

R L R L R L R L L R L R L R L R L L R L R L R L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 40 - 56	<i>m.m.</i> = 60 - 76	<i>m.m.</i> = 80 - 96	<i>m.m.</i> = 100 - 116	<i>m.m.</i> = 120 - 136

THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 4

9. FIVE STROKE ROLL

R R L L R L L R R L *or* R L R L R L L R L R L

Duple Interpretation

Applied:

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 60 – 75	<i>m.m.</i> = 80 – 95	<i>m.m.</i> = 100 – 115	<i>m.m.</i> = 120 – 135	<i>m.m.</i> = 140 – 160

Triple Interpretation

Applied:

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 80 – 95	<i>m.m.</i> = 100 – 115	<i>m.m.</i> = 120 – 135	<i>m.m.</i> = 140 – 155	<i>m.m.</i> = 160 – 180

10. DOUBLE STROKE ROLL

R R L L R R L L R R L L R R L L etc.

Applied:

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 80 – 95	<i>m.m.</i> = 100 – 115	<i>m.m.</i> = 120 – 135	<i>m.m.</i> = 140 – 155	<i>m.m.</i> = 160 – 180

LEARN YOUR RUDIMENTS ONLINE!

WATCH A VIDEO OF THE RUDIMENT BEING PLAYED BY DR. JOHN WOOTON!

GRAB YOUR PAD AND STICKS AND PLAY ALONG WITH OUR AUDIO FILES!

TRACK YOUR PROGRESS! EACH LEVEL HAS A MIDI FILE TO PLAY ALONG WITH!

GET PRACTICE SUGGESTIONS AND EXERCISES FROM THE EXPERTS!

www.vicfirth.com